

Rockland Chapter Educational Program

LOOKING THROUGH A DIFFERENT LENS: EMOTIONALLY-FOCUSED COUPLES THERAPY

PRESENTER: Janice Gross, LCSW

DATE: Sunday, May 3, 2015

SCHEDULE:

10:00 am Board Meeting

11:00 am Clinical Case Discussion

12:00 pm Presentation (lunch included)

LOCATION: Private Dining Hall at McNelis Commons

St. Thomas Aquinas College

Route 340, Sparkill, NY

DESCRIPTION:

This workshop will provide an overview of Emotionally-Focused Therapy (EFT) with Couples. The EFT treatment model will be presented and discussed, in addition to aspects of an EFT therapist and how they work. The presenter will explain the perspective of this therapy which highlights emotion as a change agent for couples. Participants will learn about the importance of attachment, in particular identifying attachment styles and how they affect couples.

Janice Gross, LCSW is a graduate of the University of Pennsylvania School of Social Work. She trained in Marital and Family Therapy at the Ackerman Institute. Since 2007, she has attended the Externship in Emotionally-Focused Couples Therapy with Dr. Susan Johnson and other Advanced Trainings. She is in full time private practice in Staten Island, New York. She is also Adjunct Faculty for CUNY-College of Staten Island for their MSW program.

No Charge for Students and Society Members

Non-Members \$20, Seniors \$5

For additional information, please contact Kevin Melendy at (201) 925-7950